



# Japantown Medical Group

## Family Practice & Sports Medicine

### **New Medical Office Opens in Historical Japantown**

Japan Town Medical Group, San Jose's newest medical office, opened in December 2005 with the mission of providing its clients the most current treatments for both sports injuries and non-sports related ailments. Located in historic Japantown, the medical group is a convenient, centrally located facility dedicated to serving the residents of San Jose.

The Japan Town Medical Group is led by Dr. S. Robert Nishime. Dr. Nishime was born and raised in Chicago and is a graduate of Northwestern University ['89] and Rush Medical College ['94]. He has been serving the Greater San Jose area for the past three years as a family practice and sports medicine physician. He is a certified physician with the American Board of Family Practice Board and holds a Certificate of Added Qualification in Sports Medicine.

In addition to his participation in Bay Area medical teaching programs, Dr. Nishime's active involvement as the head physician for both **USA Judo** and **San Jose State University Athletics**, give Dr. Nishime the experience and knowledge to attend to the medical needs of America's top athletes. The following services are available at JTMG:

- Expert Consultations For Martial Arts & Combat Sports Injuries
- Specialty & Second Opinion Consultations
- Injury Rehabilitation
- Non-Operative Orthopedic Care (Bone, Joint & Muscular Care including acute injuries, chronic & overuse injuries, sports & occupational injuries, osteoarthritis and osteoporosis),
- Fracture Care, including: Splinting, Casting and Bracing
- Pediatrics, Adolescent Medicine and Adult Internal Medicine

### **About Japan Town Medical Group**

Japan Town Medical Group ([www.jtmgonline.com](http://www.jtmgonline.com)), is dedicated to providing exceptional medical care for the residents of San Jose. The office is open daily, Monday through Friday, and features eight exam rooms, rehabilitation room and Swain Sports tatami mat room. The latest, state of the art equipment featured in the rehabilitation room includes: Free Motion Fitness Dual Cable Cross and Hamstring training equipment, Allegro Pilates Reformer, Scifit Recumbent Bike and Dynatronics Solaris stim, ultrasound and light therapy treatment.